

## Kind Words are Priceless!

Give our children a powerful and thoughtful boost of positivity. Kindness Jars can help spread smiles in group homes, counseling areas, program units, cafeterias or family visiting rooms. This is a great group activity and can also be done by individuals who want to remind children in our care that they are not alone.



### ABBOTT HOUSE KINDNESS JARS

#### Supplies

- Small plastic mason jars with lids
- Scrapbook or construction paper, cut into small squares
- Scissors or paper cutter
- Markers, pens, chalk markers, etc.
- Ribbon, stickers or chalkboard adhesive to decorate outside of jars

#### Directions:

- Prepare jars by removing the lids.
- Cut small pieces of paper. Write words of encouragement on each slip of paper using a marker or pen. Fold each slip of paper and place a bunch in each jar (15 - 20 slips per jar).
- Put lid back on and get creative! Decorate each jar as desired with ribbon and stickers or chalkboard labels, fabric embellishments, etc.

#### Helpful links:

- **Mason jars on Amazon:** [https://www.amazon.com/32oz-Clear-Plastic-Black-Ribbed/dp/B01N2TWKK0/ref=sxin\\_3\\_ac\\_d\\_rm?ac\\_md=2-2-cGxhc3RpYyBqYXJz-ac\\_d\\_rm&cv\\_ct\\_cx=small+plastic+mason+jars&keywords=small+plastic+mason+jars&pd\\_rd\\_i=B01N2TWKK0&pd\\_rd\\_r=ca9de46d-0b25-4b78-a72b-d7f00bc5b1dd&pd\\_rd\\_w=Sl9a7&pd\\_rd\\_wg=ACbBY&pf\\_rd\\_p=6d29ef56-fc35-411a-8a8e-7114f01518f7&pf\\_rd\\_r=CDKDXSGZJYMCHT3DMB4D&psc=1&qid=1578930912](https://www.amazon.com/32oz-Clear-Plastic-Black-Ribbed/dp/B01N2TWKK0/ref=sxin_3_ac_d_rm?ac_md=2-2-cGxhc3RpYyBqYXJz-ac_d_rm&cv_ct_cx=small+plastic+mason+jars&keywords=small+plastic+mason+jars&pd_rd_i=B01N2TWKK0&pd_rd_r=ca9de46d-0b25-4b78-a72b-d7f00bc5b1dd&pd_rd_w=Sl9a7&pd_rd_wg=ACbBY&pf_rd_p=6d29ef56-fc35-411a-8a8e-7114f01518f7&pf_rd_r=CDKDXSGZJYMCHT3DMB4D&psc=1&qid=1578930912)
- **Chalkboard Vinyl:** [https://www.amazon.com/Cricut-2002362-Vinyl-Chalkboard/dp/B00LJV1JLI/ref=as\\_li\\_ss\\_tl?keywords=chalkboard+vinyl&qid=1550701005&s=arts-crafts&sr=1-4&linkCode=sl1&tag=evergreenh2s-20&linkId=9d8968ea34655ff4b299597dc66fc0e3&language=en\\_US](https://www.amazon.com/Cricut-2002362-Vinyl-Chalkboard/dp/B00LJV1JLI/ref=as_li_ss_tl?keywords=chalkboard+vinyl&qid=1550701005&s=arts-crafts&sr=1-4&linkCode=sl1&tag=evergreenh2s-20&linkId=9d8968ea34655ff4b299597dc66fc0e3&language=en_US)
- **Chalk Markers:** [https://www.amazon.com/Chalkboard-Chalk-Markers-Water-Based-Reversible/dp/B01E17WAQO/ref=as\\_li\\_ss\\_tl?keywords=chalk+markers&qid=1550701128&s=arts-crafts&sr=1-2-spons&psc=1&linkCode=sl1&tag=evergreenh2s-20&linkId=7360898a609861cbe2cbbd28f6065522&language=en\\_US](https://www.amazon.com/Chalkboard-Chalk-Markers-Water-Based-Reversible/dp/B01E17WAQO/ref=as_li_ss_tl?keywords=chalk+markers&qid=1550701128&s=arts-crafts&sr=1-2-spons&psc=1&linkCode=sl1&tag=evergreenh2s-20&linkId=7360898a609861cbe2cbbd28f6065522&language=en_US)

#### Important Details:

- All project items must be delivered to Abbott House on a mutually agreed upon date. No donations can be accepted without prior arrangements.
- The items must be neatly packaged, clearly labeled and include a contact name and phone number.
- A gift-in-kind form (include a link to the form here) must be completed and attached to the donation as well. It must include the quantity of items being dropped off and the estimated fair market value for the items provided.

